

## What is Paragard<sup>®</sup>?

Paragard is the only birth control that uses just 1 simple active ingredient to prevent pregnancy over 99% of the time with no hormones.

**100% Hormone Free**

Paragard works to prevent pregnancy without any hormones.

**Over 99% Effective**

It's over 99% effective — one of the most effective methods of birth control available.

**No Daily Routines**

No routines or refill hassles — just a simple monthly thread check.

**Lasts Up to 10 Years**

Lasts up to 10 years but can be removed by a healthcare provider at any time sooner if you decide you want to get pregnant. After removal, the effects of Paragard are immediately reversible.

**FDA-Approved for Over 30 Years**

## How Paragard<sup>®</sup> Works

**1 Simple Active Ingredient – Copper**

It works using copper, instead of hormones, so it won't prevent your natural menstrual cycle.<sup>†</sup> Paragard prevents the sperm from reaching and fertilizing the egg and may also prevent implantation.

## Paragard<sup>®</sup> Placement

**Non-Surgical Placement**

It's placed in your uterus by a healthcare provider during a routine office visit.

## What to Expect

- Once in place, you shouldn't be able to feel Paragard inside your uterus aside from two thin threads that extend from your cervix.
- You can continue to use tampons and you or your partner shouldn't be able to feel it during sex.
- At first, your period may be heavier and longer with spotting in between; usually this decreases over time.<sup>1</sup>

## Cost

**Most Women with Insurance Get Paragard at No Cost**

Paragard is fully covered under most insurance plans—which may mean no co-pay, deductible, or out-of-pocket costs. Check with their insurance provider to confirm coverage related to their individual plan. Fees for the Paragard placement procedure may apply.

## Important Safety Information

- Don't use Paragard if you are or may be pregnant, have fibroids, a pelvic infection including pelvic inflammatory disease (PID), get infections easily, certain cancers, unexplained bleeding, Wilson's disease, or a copper allergy. IUDs, including Paragard, have been associated with an increased risk of PID.
- Pregnancy with Paragard is rare but can be life threatening and cause infertility or loss of pregnancy.
- Paragard may attach to or go through the uterus and cause other problems.
- Tell your healthcare provider (HCP) if you develop severe pain or fever shortly after placement, miss a period, have abdominal pain, or if Paragard comes out. If it comes out, use backup birth control.
- Tell your HCP you have Paragard before having an MRI or a medical procedure using heat therapy.
- At first, periods may become heavier and longer with spotting in between.
- Additional common side effects include anemia, pain during sex, backache, and vaginal discharge.
- **Paragard does not protect against HIV or STDs.**

[Click here for Full Prescribing Information](#)

**Patients Can Learn More at [Paragard.com](https://www.paragard.com) or [Download](#) and Send Them a Patient Brochure**



[DOWNLOAD BROCHURE HERE](#)

<sup>†</sup>At first, periods may become heavier and longer with spotting in between.  
1. Sanders JN, Adkins DE, Kaur S, Storck K, Gawron LM, Turok DK. Bleeding, cramping, and satisfaction among new copper IUD users: A prospective study. PLoS ONE. 13(11):e0199724.