

# **Consult Sheet**

## What is Paragard<sup>®</sup>?

Paragard is the only birth control that uses just 1 simple active ingredient to prevent pregnancy over 99% of the time with no hormones.

#### 100% Hormone Free

Paragard works to prevent pregnancy without any hormones.

Over 99% Effective

It's over 99% effective — one of the most effective methods of birth control available.

No Daily Routines

No routines or refill hassles — just a simple monthly thread check.

#### Lasts Up to 10 Years

Lasts up to 10 years but can be removed by a healthcare provider at any time sooner if you decide you want to get pregnant. After removal, the effects of Paragard are immediately reversible.

□ FDA-Approved for Over 30 Years

## How Paragard<sup>®</sup> Works

#### □ 1 Simple Active Ingredient – Copper

It works using copper, instead of hormones, so it won't prevent your natural menstrual cycle.<sup>+</sup> Paragard prevents the sperm from reaching and fertilizing the egg and may also prevent implantation.

## Paragard<sup>®</sup> Placement

#### Non-Surgical Placement

It's placed in your uterus by a healthcare provider during a routine office visit.

## What to Expect

- Once in place, you shouldn't be able to feel Paragard inside your uterus aside from two thin threads that extend from your cervix.
- □ You can continue to use tampons and you or your partner shouldn't be able to feel it during sex.
- □ At first, your period may be heavier and longer with spotting in between; usually this decreases over time.<sup>1</sup>

### Cost

#### Most Women with Insurance Get Paragard at No Cost

Paragard is fully covered under most insurance plans—which may mean no co-pay, deductible, or out-of-pocket costs. Check with their insurance provider to confirm coverage related to their individual plan. Fees for the Paragard placement procedure may apply.

## Indication and Important Safety Information

Paragard is a copper-containing intrauterine system (IUS) indicated for prevention of pregnancy in females of reproductive potential for up to 10 years.

- Don't use Paragard if you are or may be pregnant, have fibroids, a pelvic infection including pelvic inflammatory disease (PID), get infections easily, certain cancers, unexplained bleeding, Wilson's disease, or a copper allergy. IUDs, including Paragard, have been associated with an increased risk of PID.
- Pregnancy with Paragard is rare but can be life threatening and cause infertility or loss of pregnancy.
- Paragard may attach to or go through the uterus and cause other problems.
- Tell your healthcare provider (HCP) if you develop severe pain or fever shortly after placement, miss a period, have

## Patients Can Learn More at Paragard.com or <u>Download</u> and Send Them a Patient Brochure

abdominal pain, or if Paragard comes out. If it comes out, use backup birth control.

- Tell your HCP you have Paragard before having an MRI or a medical procedure using heat therapy.
- At first, periods may become heavier and longer with spotting in between.
- Additional common side effects include anemia, pain during sex, backache, and vaginal discharge.
- Paragard does not protect against HIV or STDs.

Click here for Full Prescribing Information



